



The Forsus appliance is a fixed appliance that is used in order to help move the upper molars back while moving the lower jaw forward (overbite correction). It is composed of a spring coil rod that is connected from the upper molar band to the lower braces wire. It is used when elastic force alone is not enough to fix the discrepancy, or when a patient has not been compliant with their elastic wear.

#### **Wearing the appliance:**

- The Forsus is placed in the orthodontic office by Dr. Ross.
- It is attached to the upper and lower braces and wires.
- The appliance is not removable, and is generally in place for several months.
- As with rubber-band wear, the teeth may be sore for a few days following activation of the Forsus, but discomfort will subside soon after.
- Clean the appliance with water, toothpaste, toothbrush, and your proxy brush. Brush at least three times a day, two minutes at a time, paying special attention to the upper bands that hold the appliance in and around the gum line.

#### **Common Problems:**

- The rod may come out of the spring if you open your mouth too wide, as may happen with yawning. If you open your mouth very wide again, you can replace the rod back into the sleeve to reconnect the appliance.
- Loose bands or broken brackets caused by eating the wrong foods or chewing on pens or pencils may occur. Please avoid these items. It will increase your treatment time with the Forsus and also lead to an unnecessary comfort visit.

If you feels the bands on your upper molars are loose, if you are unable to fix a loose Forsus, or if you have any questions, please call us at **(717) 637-4313**.