



Dr. Ross may recommend the use of a soft-tissue dental laser during or after your orthodontic treatment. The laser procedure is usually performed using only a topical (gel) anesthetic. There is no bleeding and minimal discomfort during and after the use of the laser.

Laser Treatment:

- Reshape gingival (gum) tissue for improve esthetics.
- Expose (or uncover) impacted teeth to allow faster eruption of these teeth.
- Reduce gingival swelling around orthodontic appliances to improve oral hygiene.
- Release heavy muscular (frenum) attachments that place tension on the gum tissue, which could lead to future gum recession.

Post-operative instructions:

- If needed, ibuprofen can be used for minor discomfort.
- Use of an antiseptic rinse (ex. Peroxyl) or salt water rinse several times a day for the first few days following the procedure will improve comfort and healing.
- Bleeding may occur after the procedure. This is a sign of healing and is normal.
- It is important to avoid hot, spicy foods that might irritate the treated areas for the first week.

If you have any question or concerns, please call us at **(717) 637-4131**.